ENRICHED BREAD OMLETE

NOW A DAYS IT IS DIFICULT TO ADD EXTRA GREEN LEAFY IN BUSY SCHEDULE.THIS RECEIPE IS TAKE LESS TIME AND ONE CAN TAKE IT FOR OFFICE TIFIN

INGREDIENTS- FOR 1 PERSON

1.BROWN BREAD -4 SLICE ( FOR THIN SLICES -4/ FOR THICK SLICES ONLY -2 SLICES)

2. EGG WHOLE-1 NO

3. CORRIANDER-10G

4. OIL -4TSP

5. SALT TO TASTE

PROCEDURE

1. CRACK EGG AND BEAT IT WITH SALT
2. ADD CORRIANDER
3. DIP BREAD SLICES AND FRY IT IN TAVA (IF POSSIBLE NON STICK)
4. PACK IT FOR LUNCH WITH A FRUIT TO BALANCE YOUR MEAL