Sausage salad with mayo

This recipe fits with high protein .This is recipe could be used by body builders.

*Ingredient*

*Sausage-4pc , onion -1no, mayo-1tsp , some mint leaves , oil-1tsp*

1. *Heat the tava with oil till it spreads , then add your sausages*
2. *Just wait till dark brown colour appears*
3. *Keep it in plate with cut onion and mint leaves and add mayonnaise and serve hot.*

*This could be as snack for body builders after 2hours post exercise.*

*Enjoy eating*